SOUTH CENTRAL ORIENTEERING ASSOCIATION COACHING OFFICER

REPORT AND FUTURE PLANS TO SCOA COMMITTEE MEETING 1ST JUNE 2023

1. I have been following up the 4 SCOA Trainee Coaches to see how they have been progressing with the next stage of their qualification. They have to do 4 linked sessions with a specific group of people – of any age, plus a physical activities coaching session. It can be quite difficult both to find the time to do this and to find a group of around 6 people to take part .

I have heard back from two of them – Heidi has managed to do her 4 linked sessions with TVOC Juniors; she has yet to do her Physical Training session and is also finding it difficult to find a First Aid course at a weekend, pl**- so if any Club is thinking of arranging a First aid course in the near future**, **please can you let me know and I'll pass this on to Heidi.**

John Methven has done two sessions with the SCOA Junior squad but is finding it hard to get the next two done as the group have exams; he is working with Simon to try to get the sessions done asap. The problem is that Juniors are dependent upon their parents taking them places!

Both he and Mark have been planning events for their Club recently which cuts into the available time for Coaching! I will endeavour to keep encouraging them to keep working at it so that they can have their final assessment asap.

2. I have contacted all of the Clubs to try to find out what Coaching activities have been taking place but have had no response so far. I am aware that BKO has been holding their regular Wednesday Summer training evenings with particular themes.
Sarum has held a Schools session in a local NT park recently, coaching about 120 children in basic Orienteering skills and hope to run some more coaching sessions for the Sarum Juniors in August. We have also trained a couple of groups of Teachers in basic Orienteering skills, using permanent courses in their schools, so that they can pass these skills on to their pupils.

Liz Yeadon,
SCOA Coaching Officer   **1st June 2023**