

SOUTH CENTRAL ORIENTEERING ASSOCIATION JUNIOR SQUAD

REPORT TO SCA COMMITTEE MEETING MAR 2023

HIGHLIGHTS

- Amelia Wing was selected as W18 reserve for the England Interland Team.
- Trial underway to replace the paper Consent/Medical Declaration form with the electronic forms used by other squads. This will enable information to remain current and be readily available to Lead Coaches.
- John Methven is using Squad training to conduct his Coaching Level 2 qualification sessions.

ACTIVITIES DEC 22 – MAR 23

Date	Location	Coach/Comments
7 Jan 23	Leith Hill Place	Training Weekend in conjunction with SEJS and Talent South Squad. Four athletes attended and managed by John Methven. Laurence provided the necessary access to accommodation for the Talent South Squad.
21/22 Jan 23	Studland and CSC New Forest	Eight athletes and coaches joined a large group of SWJOS athletes to take part in exercises prepared by Sarah Rollins, assisted by Dave Rollins. SWJOS sorted land permissions. Sarah also organised accommodation in Bournemouth for the SCJS team. Impromptu bacon sandwiches prepared by the athletes were great!
4 Feb 23	Rushall Woods	John Methven prepared exercises for nine athletes (including two newcomers). A large contingent from YHJS also joined the session, as part of their preparation for the British Champs.

LOOKING FORWARD

- Selection races have now started for WJHIs and JROS Tours. Selections for EYOC, JWOC and JEC are limited to JK and British Champs (no separate selection races this year).
- Planning for training with Army Orienteering has been deferred until later in the year.
- Yet to find any new W12/14s but we have had to new M14s join us since the message went out. We are still in danger of not having a competitive team at the JIRCs this year.

PLANNED ACTIVITIES

Date	Location	Coach/Comments
Mar	Zoom	Pre-British technical session
28 Apr	Puttenham	Training day in conjunction with SEJS
21 May	TBD	
17 Jun	TBD	
23/24 Sep	South Wales	Annual Junior Inter Regional Champs (JIRCs)
24-26 Nov 23	Hawkshead	Annual M/W16 JROS camp hosted at YHA Hawkshead

Studland

