

SOUTH CENTRAL ORIENTEERING ASSOCIATION COACHING OFFICER

REPORT AND FUTURE PLANS TO SCOA COMMITTEE MEETING 9TH JUNE 2022

1. A Level 2 Coaching Course is underway with 7 participants – 4 from SCOA and 3 from QO,SO,RAFO. The SCOA fees have been completely paid for out of the JK grant.

2. Note to all Clubs: Planning is afoot for another Coaching Conference to be held in January 2023. What should the theme be? Do you have any thoughts about subjects or areas of Coaching that would be good to learn more about? I would be very interested to hear of any thoughts, please!

Club reports:

OUOC:

- OUOC have no training over the summer as most students will not be in residence in Oxford.
- Over the past 3 months we have held a few casual trainings attended by experienced runners. We offered coaching at our annual Cuppers event in May, which had a good turnout of beginners- this was an urban event. Before the varsity match in April, we had an informal week of training in the Lake district, this focused on getting used to the terrain and more technical navigation needed for the Lakes, this was again primarily experienced runners.
- Training will resume in October, when term starts, with a focus on coaching novices; aiming to familiarize them with basic map skills in urban areas to begin with, then moving onto more complicated terrain once a base level of knowledge has been established. This should lead to their participation in future local events. All our training will be accessible to novices but we will also hope to cater to more experienced runners.
- We do not have any designated coaches as a club. Training is to be shared between the committee. One of whom is somewhat through coaching training.

TVOC:

- No coaching over the winter; more is being planned for the Spring

BADO:

- There are no specific plans as the current Coach is taking a year off orienteering so there is no one else covering BADO.

BKO:

- No information received despite information requests.

BAOC:

- No information received despite information requests.

SARUM:

- The Sarum Coaching team are holding two Forest style events in June for the Warminster & Avon Valley (Central) Wiltshire areas – including coaching skills; these events will lead to teams attended the Wiltshire Schools Games in July.
- We held our small event in Grovely Woods in May, using our new SI equipment and several Sarum Juniors attended with appropriate coaching prior to having their runs; they all had the experience of using SIAC dibbers.

SN:

- Junior training planned for June.
- All training taking place on Wednesday evenings this summer.

SOC:

- We have lost a few coaches recently and some of the coaches we have are busy with November Classic and other issues.
- We are still offering maprun courses with tuition as one of the eight BO clubs involved in the Find Your Way project. This will include free maprun events and coaching sessions with local schools.
- The Thursday night mapruns have been popular with club members and some new adults. To try and encourage young people and families to try maprun there will be five CATIs in Soton area led by HW and helpers.
- Two school visits to do Intro to O and mapping of school grounds by Terry Smith have taken place in March and June.
- We will offer Intro to O at the Hants School games Commonwealth Games festival on June 23rd, including maze and mini routes

WIGHTO:

- No information received despite information requests.

Liz Yeadon,
SCOA Coaching Officer

9th June 2022