

SOUTH CENTRAL ORIENTEERING ASSOCIATION JUNIOR SQUAD

REPORT TO SCOA COMMITTEE MEETING DECEMBER 2020

HIGHLIGHTS

- Due to the pandemic, a mixture of physical and virtual training has been provided to the squad. A number of major junior competitions eg WJHIs, JIRCS, British Schools and training weekends eg Hawkshead and Lagganlia “revisited” were cancelled. Events in 2021 cancelled too – England attendance at World Schools, Interland.
- Adam Methven was selected for the GB Talent Squad.
- Great article in CompassSport by Amelia Wing and cover shot of Frank Townley.

ACTIVITIES SEP 20 – DEC 20

- Two physical sessions took place following BO coaching guidelines for children. Thanks to SOC for arranging the permissions to allow SCJS to train in the New Forest.
- One virtual session was held using techniques learned from the SW Junior Squad (Simon attended one of their sessions with a rep from East Mids Junior Squad).
- Unfortunately, JROS Hawkshead for M/W16s was cancelled. The alternative training session for M/W16s at Winterfold with SEJS on 5 Dec was also cancelled.
- Simon and Laurence attended the JROS Annual Meeting. This year it was held virtually. We covered the limited programme for 2020 and the aspirations for 2021. The attendees looked at how we could share resources better as well as training opportunities. Mark Saunders covered the Performance Pathway Review, which for JROS will affect the 15-18 year olds by creating Super Regional Talent Squads. The Super Regional Talent Squads will provide more opportunities locally to develop juniors and the aim of the discussions was to understand the challenges, such as finances and coaches. We are engaged with the trial for the Talent Squad South.

Date	Location	Coach/Comments
19 Sep	Ash	Katherine Bett planned a training day for 15 athletes and 6 coaches. The session was progressive, starting with bearings, aiming off, contour features before a final COVID safe clock relay.
17 Oct	Matley Heath, New Forest	Simon planned a compass and bearings session for 11 athletes, supported by 7 coaches and 3 parents.
2 Dec	Zoom	Simon led a training session on Zoom on route choice. 5 athletes and 2 coaches took part.

LOOKING FORWARD

- There are currently limited opportunities to hold selection races for England, GB and JROS competitions and camps. The squad will continue to monitor the latest news and ensure that the athletes are made aware.

PLANNED ACTIVITIES

Date	Location	Coach/Comments
9 Jan 21	Penn Wood	Training Session
TBD	New Forest	
TBD	Buckleberry Common	
TBD	Winterfold	M/W16 “Hawkshead” session

ASH



MATLEY HEATH

