

SCOA JUNIOR SQUAD ANNUAL REPORT 2019-20



SQUAD

The squad currently has 13 female and 16 male athletes. This now includes some M/W12. It is managed by two Level 2 coaches with additional support provided by trainee coaches, club coaches, parents and active orienteers.

TRAINING

The squad has organised six training sessions across the SCOA region, one being residential. The squad has not joined other squads this year or held a residential training session due to insufficient athletes and coaches available to participate in the various opportunities.

The squad has been active in supporting the Junior Regional Orienteering Squads (JROS) events:

- a. 2 coaches, 1 helper and 8 athletes attended the Junior Inter-Regional Champs (JIRCs) held at Bamford, near Sheffield in Sep 19.
- b. 2 coaches and 2 athletes attended the JROS Hawkshead M/W16 training weekend in Nov 19.

Training was stopped in March 20 due to COVID19. Some athletes have joined in with the Lockdown O virtual orienteering and continued their own physical training plans. Adam Methven has prepared some MapRunF courses for other orienteers to try.

ACHIEVEMENTS

All athletes have been committed and are achieving their own specific goals. Notable selections and achievements include:

- GB Team for EYOC 19: David Bunn
- GB Team for JEC 19: David Bunn
- Pre-JWOC 2020 GB Team Turkey Camp: David Bunn
- England team for WJHI 19: David Bunn and Thomas Howell
- England team for Interland 2020: Adam Methven
- JROS Lagganlia Camp 19: Adam Methven and Laura Barrett
- JROS Gothenburg Camp 19: Thomas Howell

- British Sprint Champs 19:
 - W12A Charlotte Slade 6th
 - W14A Laura Barrett 5th
 - M12A Aidan Hilton 6th
 - M14A Adam Methven 5th
- British Middle Champs 19:
 - W12 Charlotte Slade 6th
 - M14 Adam Methven 6th

Selections for 2020 camps have continued through COVID19. Where camps have been cancelled, camp leaders are looking at alternative arrangements for the athletes to receive the physical and technical training. They have also looking at how the social interaction can be achieved. International competitions have been cancelled/postponed so no team selections to note.

- GB Talent and Development Camp 2020: Adam Methven
- JROS Lagganlia Camp 2020: Amelia Wing, Jocie Hilton, Carys Sharp
- JROS Stockholm Camp 2020: Frank Townley
- JROS Gothenburg Camp 2020: Thomas Howell

