

Coaching Officer – report to SCOA Committee – 18th June 2020

I have contacted all of the Club Coaching Reps to see if anybody has done any coaching activities of any kind that might be of interest to everyone, during the current situation.

So far I have had two replies:

Caroline Ford (SOFA) - nothing to report;

Bernie Fowler(BADO): BADO Club members have been making use of the free resources available such as MapRun during lockdown. Some have tried to encourage those new people that came to our club training sessions last summer to try the MapRun activities but otherwise our activities have been curtailed. We now await the BO guidance on when activity can restart where, given the time of year, we expect to start a short summer informal series.

Sarum: the BOF Development team has produced and brought together a wide range of activities – indoor and outdoor - to interest and involve younger runners. I sent a number of these on to Sarum Juniors and their families which some of them reported back having used them.

Liz Yeadon
June 2020