

SOUTH CENTRAL ORIENTEERING ASSOCIATION COACHING OFFICER

REPORT AND FUTURE PLANS TO SCOA COMMITTEE MEETING 5TH DECEMBER 2019

SOFA:

- No SOFA coaching activities have taken place recently.

TVOC:

- Some coaching from the TVOC Club coaches, in early October (?) a session was held at Mauldon Woods in conjunction with WAOC by Roger Thetford and concentrated on route choice, path over terrain etc.
- In late October Chris Poole ran a weekends coaching for 12 RAFO and 3 TVOC at Bradenham Woods concentrating on maintaining speed through controls, so had techniques to plan ahead, traffic lighting and positive use of the map.
- This weekend Simon Kippin assisted by Roger will be doing a TVOC session at Shotover, currently 19 have signed up, and will focus on catching features, collecting features and attack points

BADO:

- BADO has wrung out the most of the summer season with some excellent club training using mainly urban areas for some very basic score events followed by a good social gathering afterwards. We were also able to secure Pamber Forest to train in for one session, but well ahead of the recent SCOA league event before anyone protests!. The training has enabled most members to get out to several informal events and has introduced some newcomers too, though mainly adults rather than juniors. Those newcomers have stayed in touch with the club and are now keen to get involved with some 'proper' orienteering this season. We hope to be able to fuel that enthusiasm with some targeted club coaching around and at the events, subject to expertise being available.
- There is still no clear desire from anyone apart from Bernie to do any more in the coaching sphere though he does what he can for the club and the Army. We have delivered some sessions to scout groups in both Basingstoke and Stockbridge, where the Stockbridge Scouts have experienced the maze in the summer and the O Linator game indoors followed by a night score on Middle Wallop in October. They are keen for more so hopefully we may introduce some juniors. BADO is but a small club and coaching is available almost on a one to one basis should anyone want it. It is hard to see that there is any difficulty caused with not having specific club sessions.

BKO:

- *No information received despite information requests.*

BAOC:

- *No information received despite information requests.*

SARUM

- The Salisbury Schools Forest league is being planned for the next 3 terms in various venues – parks & woodland with around 160 yr4/5 children attending from 12 schools. The first one was held in Hare Warren in early November.
- Events are also being planned with the Warminster and mid-Wilts schools in Southleigh Woods and at Avon Valley College for the summer term, in preparation for the Wiltshire Games which will be held at Marlborough College again in early July. Winning teams from all of the heats across the County will be running in this competition.
- The Junior Club resumed activities in mid September and have met once a month to teach specific skills – simple compass work; pacing & distance judgement; map symbols; odds/ evens score & start lane procedure (scary if you don't know what's going on!)
- low key events have been targeted & several juniors and their parents are going along & having a go – and improving their results! Also took part in November Classic, the Compass Sport Cup Final(not a good experience as the courses were harder than they expected!) and the BSOC - - most were satisfied with their experience- the coaches were also there to support them.
- We are planning to map new small wooded areas around Salisbury to continue with the skills training in new venues
- Took a small group to a weekend Junior Training event in the New Forest to tie in with the November Classic; two parents also came along as part of the adult support team.

SN:

- SN put on weekly summer training events until mid September. Attendance averages about 25
- - this continued as twice per month urban training sessions with attendance averaging about 15-20. These training sessions will continue until end of March.
- - Some junior ad-hoc training took place before the Peter Palmer junior relays in September
- - Junior training sessions scheduled to take place 30 Dec and 18 Jan (each session 2 hours). Local GO, BKO and MV juniors are also invited to the 30 Dec training.

SOC:

- SOC provide basic instruction for beginners at all SOC local events.
- SOC are looking at a mixture of Forest & Urban training activities for the next few months and hope to publish a program shortly.
- SOC has a new Coach as Helen Wheelwright gained her Coaching level 2 qualification in September.

WIGHTO:

- *No information received despite information requests.*

OUOC:

- *No information received despite information requests*