

SOUTH CENTRAL ORIENTEERING ASSOCIATION JUNIOR SQUAD

REPORT TO SCOA COMMITTEE MEETING MARCH 2019

HIGHLIGHTS

- A number of athletes were invited to join the England Team at Interland 2019. However, due to clashes with school work and/or selection races they did not join the team.
- Laura Barrett became W14 Welsh Champion 2019.
- SCOA Junior Squad Plan 2019 produced. Action plan identifies actions for coaches/volunteers, competition and training, safeguarding and recruitment. It also recommends that SCOA clubs consider initiatives such as the Orienteering Foundation and Year of the Volunteer to fund/encourage junior athlete development [There is also a BO Webinar on 25 Apr on attracting and retaining juniors].

ACTIVITIES DEC 18 – MAR 19

| Date | Location | Coach/Comments |
|--------------|---------------------------|---|
| 8 Dec 18 | Epping Forest | Junior Squad invited to East Midland Squad training. Unfortunately, insufficient juniors and coaches available to participate. |
| 15/16 Dec 18 | Wisley Ash South | Training took place at a wet and cold Wisley on the Saturday. The West Midland Squad joined us. The evening was spent swimming in a cold swimming pool before enjoying a warm night in the Woking Scout Hut! Sarah Brown premiered the GB Elite training videos to the juniors to gain comments. Sunday training was held on Ash South. |
| 9/10 Feb 19 | South Wales | Junior Squad invited to Welsh Squad training. Unfortunately, insufficient juniors and coaches available to participate this year. |
| 22 Feb 19 | Dartmoor | Junior Squad invited to SW Squad training. Unfortunately, insufficient juniors and coaches available to participate. |
| 2 Mar 19 | King's Wood, High Wycombe | 10 Juniors were coached on attack points. 3 new juniors attended |
| 16 Mar 19 | Mychett | Cancelled due to high winds |

LOOKING FORWARD

- Standing Item: Club coaches should continue to recommend athletes to Laurence and Simon.
- JIRCS 2020: Has an organiser been agreed? As mentioned last time, Simon has received the medal inserts for the JIRCS 2020.

PLANNED ACTIVITIES

| Date | Location | Coach/Comments |
|-----------|--|---------------------------------|
| 30 Mar 19 | Reading University | Sprint Training |
| 17 Apr 19 | Merrist Wood | In conjunction with SN training |
| 18 May 19 | TBD | |
| 28/29 Sep | Cowms Rocks, Bamford Tankersley, Barnsley | JIRCS |

WORKING WEEKEND

