

SOUTH CENTRAL ORIENTEERING ASSOCIATION JUNIOR SQUAD

REPORT TO SCOA COMMITTEE MEETING DECEMBER 2018

HIGHLIGHTS

- The Junior Squad took part in the Junior Inter Regional Champs (JIRCs) at Chatsworth House.
- Bethany Kippin and Frank Townley represented England at the Ward Junior Home Internationals (WJHI) in Scotland in October. Laura Barrett represented Wales.
- A junior from SOC joined the squad – first SOC junior for a few years.

ACTIVITIES SEP - DEC 18

Date	Location	Coach/Comments
29-30 Sep	Chatsworth House and Carsington Pastures	Ten athletes took part in the JIRCs. We were 9 th overall which is good considering we didn't have a full team and no female relay team. We were accommodated at the Mount Cook Adventure Centre which meant a break from the annual 300 juniors sleeping in a school hall experience! Thanks to Katherine Bett for acting as female adult.
26 Oct	Fritham, New Forest	15 juniors took part. Training was prepared and led by Tamsin Moran. Exercises covered attack points, windows and corridors, compass work and finishing off with a peg relay.
17 Nov	Frimley Fuel Allotments	Training took place with the SN Junior Squad in the morning. The afternoon 4 athletes focussed on attack points.
30 Nov – 2 Dec	Hawkshead, Lake District	One athlete and three coaches attended the annual JROS weekend for M/W16s. Approximately 100 people stayed at the YHA with training taking place on Colonels Drive, Holme Fell and Haverthwaite Heights. SCJS coaches provided the coaching support for SWJS due to their lack of a qualified coach for the Area Type D terrain (paid for by SWJS). Fiona Bunn used the weekend to conduct her Level 2 coaching assessment (paid for by JROS).

LOOKING FORWARD

- Simon is attending Outdoor First Aid course in Nov/Dec.
- Club coaches should continue to recommend athletes to Laurence and Simon.
- Simon has received the medal inserts for the JIRCs 2020 and will need to pass them to the organiser. When an organiser and planner have been identified, JROS (through Simon and Laurence) standby to offer any assistance – lessons from previous JIRCs are available. Note that JIRCs 2019 organisers have struggled to agree contracts with schools so have resorted to an outdoor centre.

PLANNED ACTIVITIES

Date	Location	Coach/Comments
15/16 Dec 18	Woking area	Training at Wisley in Saturday followed training (TBA due to SN event in Sandhurst on Sunday being moved). Overnight stay in Woking Scout Hut. Will be joined by West Midland squad and SE squad. GB Elites will be demonstrating their new training videos in the evening

JIRCS 2018



Fritham Training



JROS Hawkshead

