

6SOUTH CENTRAL ORIENTEERING ASSOCIATION COACHING OFFICER

REPORT TO SCOA COMMITTEE MEETING, 21ST JUNE 2018

SOFA:

- No activity so far this year

TVOC:

- Saturday series events are still bringing in large numbers of newcomers, so coaching advice is provided at all such events to get people started, and to help those wanting advice on improvement.
- Simon Kippin is running the SCOA junior squad and running coaching/training activities for juniors on a regular basis, both in the SCOA area and elsewhere.
- Chris Poole in Jun ran a 6 hour coaching session for new orienteers from the Chiltern District Explorer Scouts.

BADO:

- No activity from BADO this period I am afraid..

BKO:

- BKO have commenced Spring & Summer sessions on Wednesday evenings.

BAOC:

- No information received despite information requests.

SARUM

- The last Salisbury Forest League event of the school year is being held in Stonedown Woods in mid June. We expect about 170 children attending from 11 schools.
 - Two activities have been held with the Warminster Schools – the first involved about 100 Year 4/5 children doing star exercises then short courses around Kingdown School. This ended with a fast & furious Relay! The second involved a Forest event in Southleigh Woods. This involved about 10 schools and 160 children. The main concern here was the trend of bringing Year 4 juniors along with the Year 5's. Several of them were just not mature enough to tackle a woodland course despite our safety efforts – nobody got lost in the end but many did extra controls and their own routes! We are going to suggest that, if they must bring this younger age group, they should be paired with a Year 5 junior.
 - The last League event will be held with Avon Valley College in preparation for the Wiltshire Games being held at Marlborough College again this year in early July. Winning teams from all of the heats across the County will run at this.
 - The Sarum Junior Club has now had 38 Juniors attend with around 16/20 coming regularly, ranging in age from 6 to 15 yrs with 7 families attending regularly. The sessions have continued this term using different areas than previously including a small woodland which caused great excitement! This was just path running because of the environment and their skills. We are now drawing up plans for next year with the help and agreement of the parents.
 - We are going to work to get Junior entries to several team activities in the next 3-4 months from Relays to the Compass Sport Cup Final. Most will be at reasonably local events where possible.
 - We will be moving away from a weekly Club meeting as we can't man this sensibly and we propose a monthly training session and some regular weekend meets with Sarum coaches attended regular O events to specifically help the Juniors and, hopefully, their parents with their runs.
- SN: No information received despite information requests.

SOC:

- This year SOC have joined forces with the other local clubs in our area to put on a combined Summer Series. Each club hosting four or so events. As one of the aims of the series is to attract new individuals and families to have a go at Orienteering, SOC have people available to help novices get started with instruction on the basics.
 - Only having 4 events to run has also given us the chance to program in some specific Coaching Activities. So far we have run 3 coaching activities. The first was at Royal Victoria Country Park a couple of weeks before the Summer Series event at the same venue. This pattern has been repeated with further Coaching Activities at the Southampton Sports Centre and another at Lakeside Country Park. All three Activities have attracted several families and some individuals along with one or two orienteers wanting to practice and improve O Skills. We have concentrated on understanding O maps and basic navigation instruction with the novices and given the improvers some set navigation techniques to practice.
 - We have one more Activity planned at the moment on Saturday July 14th at Fleming Park.
- The Coaching Activities have been run by Colin Hicks & Kevin Bracher assisted by Kieran Devine.

WIGHTO:

- No information received despite information requests.

OUOC:

- No information received despite information requests

Liz Yeadon,
SCOA Coaching Officer

19th June 2018