

## **SOUTH CENTRAL ORIENTEERING ASSOCIATION COACHING OFFICER**

### **REPORT TO SCOA COMMITTEE MEETING, 1<sup>ST</sup> MARCH 2018**

#### **SOFA:**

- No activity so far this year

#### **TVOC:**

- Saturday series events are still bringing in large numbers of newcomers, so coaching advice is provided at all such events to get people started, and to help those wanting advice on improvement.
- Simon Kippin is running the SCOA junior squad and running coaching/training activities for them on a regular basis, both in the SCOA area and elsewhere.
- Chris Poole ran a 3 day adult coaching session in Feb that had 6 attendees, and was 2 days of fundamentals before taking part in the Caddihoe Chase.

#### **BADO:**

- No activity from BADO this period I am afraid. We did have 2 members attend the Army run intermediate skills course though.

#### **BKO:**

- BKO have not held any training sessions over the winter period, but will be commencing Spring & Summer sessions on Wednesday evenings.

#### **BAOC:**

- UKCC Level 2 training in November under the BAOB banner successfully completed. 1 new coach for SCOA / Sarum. One other coming qualified in September

#### **SARUM**

- The second Salisbury Forest League event of the new school year was held at Dinton Park in early February with about 190 children attending from 12 schools. The courses were a little more challenging as features other than paths were used. Many lessons had been learned at the previous event and were put into good use here. Concentration is their main issue. The next one is scheduled for mid June 2018.
- The Junior Club has now had 32 Juniors attend with around 14 coming regularly, ranging in age from 6 to 15 yrs with 7 families attending regularly. The sessions have continued throughout the winter doing outdoor sessions using glow sticks which cause great excitement! Indoor work has involved studying maps in a variety of different ways (puzzles/ copying a course onto a map accurately in teams and at speed/ matching random squares with larger maps involving feature recognition), also looking at web based O programmes. The map reading and orientation skills of the children has improved immensely in many cases.
- We also visited a School to set up a permanent course there followed by a hands-on Teacher training session where the teachers did the exercises to help them actually do the sessions later on

#### **SN:**

- SN continue to organise one junior coaching session per month. We did have to cancel session yesterday due to the snow!
- Sue Bett has been working with four schools recently to update their maps, one junior school now has 35 permanent O markers in place, another school in West Byfleet are likely to join our junior league. She has concerns that a third school were having 'a lady from Hampshire county council' to support them with orienteering. This was checked out as to who this might be!! Sue managed to get a name and have looked her up – she runs Wessex Dance Academy so not sure about her credentials to teach orienteering – at least they have a decent map!
- Note from Laurence Townley: he offers SN seniors weekly summer training and monthly urban training.
- For SN juniors they train roughly monthly and rotate between our 4 coaches Sue, Sarah Rollins, Jeremy Edwards and himself. We tend to get about 15-20 juniors. Occasionally juniors from GO and MV join us for an ad-hoc session.

#### **SOC:**

- Nothing to report from SOC. We have only provided help to novices at our events. Unless Colin is clear to coach we are very limited in what we can do.

#### **WIGHTO:**

- No information received despite information requests.

#### **OUOC:**

- No information received despite information requests

**Liz Yeadon,  
SCOA Coaching Officer**

**4<sup>th</sup> March 2018**